

HERITAGE MIDDLE
SCHOOL

SPECIAL
POINTS OF
INTEREST:

- What is FCS?
- Discipline Plan



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Heritage Middle Family

Consumer Science Newsletter

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6th Grade Family Consumer Science

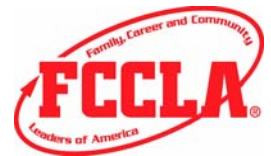
Family Consumer Science can be defined as the following:

The science and art of career planning, job skills, resource management, time management, nutrition, food preparation, menu planning, parenting, child care and development, healthy living, clothing and textiles, consumer education, decision making, problem solving, human relationships, family development, and anything else that touches the home and heart.

6th Grade Exploratory Family Consumer Science is designed to give students experience and knowledge in the areas of babysitting, foods, and sewing. These units will not only help students in everyday life, but they will also prepare them for 7th Grade Family Consumer Science and Young Living (8th grade Family Consumer Science) classes. Family Consumer Science is also a time for 6th grade students to learn how to work with their peers to solve problems, prepare food products, resolve conflict, and teach each other.

FCCLA at Heritage

In addition to the Meridian School District curriculum for FCS we will also be working on some Family, Career, and Community Leaders of America Projects. Heritage Middle Schools FCCLA club is intercurricular, meaning we have club meetings in class instead of before or after school. 6th grade students will be taking on leadership roles, using parliamentary procedures, and completing projects using the FCCLA planning process.



Grades in FCS



Family Consumer Science is a pass/fail class. Grades are based on many different activities in FCS. Activities, assignments, and projects can be accomplished by students during class time. Students will only have homework if they are wasting time during class. Cooking labs and projects make up most of the points in FCS. Extra credit can be earned ONLY by students who have no missing work. An anytime extra credit project is to bring a note signed from home stating that the student cooked, what he/she cooked, AND that he/she CLEANED-UP after himself/herself. Extra credit is added to the grade book at progress report time and at the end of the quarter.

Supply Wish List



Family Consumer Science lab fees and district money are used to supply Family and Consumer Science students with consumable items during the quarter that they participate in Family Consumer Science Class (i.e. food for labs, soap to clean dishes, thread they use for projects, needles, pins, etc.) There are some items that we use in FCS at a high rate as well as items that are not consumable that our program could greatly benefit from. If you are willing to help supply some of these items (new or gently used) we would be very grateful. Some of the items are needed for cooking labs, some are craft supplies needed for student projects, and some are sewing supplies that are consumed quickly. I would happily accept any kitchen equipment that is still usable that you no longer want (i.e. crock pots, electric woks, electric grills, bread makers, ice-cream makers, fryers, utensils, etc.), in addition to the ones we need listed below, they are always useful for demonstrations, earned extra labs, or during the 8th grade cultural restaurant project.

- Cooking/Home Magazines
- Hand-sewing needles
- Straight Pins
- Sewing Shears
- Blender (4 needed)
- Juice Pitchers (4 needed)
- White kitchen towels or bar mops
- Cookbooks (any)
- Glass baking pans (8X8) and (9X13)
- Cookie sheets (8 needed)
- Pizza Stones (4 needed)
- Colored pencils
- Markers
- Yardage of cotton fabric for quilting
- Dish soap
- Ziploc bags (all sizes)
- Plastic Wrap and Foil
- Flax seed or rice for sewing projects

Miss Tracy's Discipline Plan

Step 1: Student is warned about inappropriate behavior. Student must pay 1 Tracy Dollar.

Step 2: Student is put on step 1 of the referral system and pays 1 Tracy Dollar.

Step 3: Student is put on step 2 of the referral system and given a discipline essay they must copy and have signed by a parent. Counselor is notified.

Step 4: Student leaves the room with discipline essay. Student is put on step 3 of the referral system. Discipline essay is to be signed and returned the next day. Vice Principal notified.

Step 5: Student is sent directly to the Vice Principal with a short form.

Step 6: Parent-teacher conference is scheduled to discuss student's behavior in Miss Tracy's room.

Note: At any time a step may be skipped due to the severity of a student's actions.

I expect students to follow the rules most other teachers have. I expect students to be respectful of each other and me. I also expect students to manage themselves (be on time, stay awake, turn in assignments, clean up after self, etc.) My classroom procedures are set up to require and encourage students to take responsibility of their own actions and work.

Family Consumer Science Website & Weekly E-mail



Check out Miss Tracy's Family Consumer Science Website. It has recipes, sewing info, a calendar, and other FCS information. <http://misstracysweb.com>

If you would like to receive weekly e-mail updates about activities in FCS please send an e-mail stating your child's name, grade, and that you would like to be on my distribution list to tracy.kathryn@meridianschools.org